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Shower Clearing Spell

For clearing negative attachments

We have all experienced people or situations that have drained our energies, left us feeling tired and flat for no apparent reason. This spell is to clear these energies and allow your body to recharge.

When a negative energy attaches it drains you. A build up of these negative energies can have a lasting affect on you and sometimes affect your health. Perform this simple task and clear and remove any unwanted negativity. This will then allow you to rest better and rebuild strength. Perform this as often as you feel the need to.

This spell is from the family of Clarice Pretoria Rose

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Ingredients

Gather the items below before you perform this spell:

- 2 table spoon of salt
- 1 table spoon of oil (you can use either almond or olive oil)

Mix anti clockwise and say

I ask the guardians of the universe to empower this shower wash to cleanse my body, mind and spirit of any negativity and fear

So be it

And so it is

Rub oil mixture all over your body and rinse off (not necessary to rub through your hair)

Affirmation

I am a liberated, enlightened and totally free person

Notes: Try to keep a journal of your spell casting and your results

With love

Clarice Pretoria Rose